

TABLE 1

Withholding times of 'puffers/inhalers' before lung tests

TEST	Medications to withhold	Time to withhold
Spirometry or Full Screening Tests / Respiratory Function Tests To assess how well the lungs are functioning at rest (airflow, dynamic volumes, static volumes, air exchange)	Ventolin, Respolin, Asmol, Bricanyl, Atrovent, Intal, Airomir, Epaq	6 hours
	Seretide, Symbicort, Serevent, Oxis, Foradile, Tilade, Intal, Flutiform, Bretaris, Brimica	12 hours
	Spiriva, Onbrez, Ultibro, Anoro, Breo, Spiolto, Singulair Incruse, Seebri	24 hours
Mannitol Challenge (Aridol) To diagnose asthma or assess asthma control	Ventolin, Asmol, Bricanyl, Atrovent, Tilade, Intal	8 Hours
	Qvar, Beconase, Pulmicort, Flixotide, Atrovent, Rhinocort	12 Hours
	Seretide, Symbicort, Serevent, Oxis, Foradile, Bretaris, Brimica, Drixine	48 Hours
	Spiriva, Seebri, Incruse, Onbrez, Ultibro, Anoro, Breo, Spiolto, Trelegy, Antihistamines (eg. Claratyne, Zyrtec, Telfast)	72 Hours
	Singulair	4 Days
Skin Prick Testing with Allergens To assess allergy	Antihistamines	4 Days
	Prednisone	1 week
High Altitude Simulation Testing (HAST) To assess ability to fly with known lung condition	Patient must be stable at time of testing	May take all medications as usual
Cardio Pulmonary Exercise Test (CPET)	Patient must be stable at time of testing	May take all medications as usual